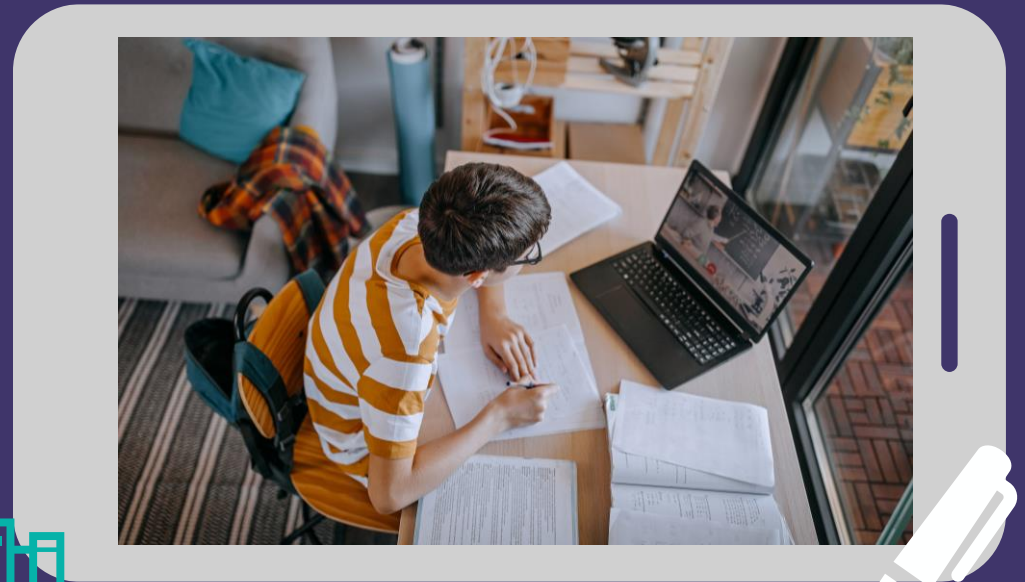


Revision SUPERHACK

Learn the cheat code,
outsmart your studies



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The Network for East Anglian Collaborative Outreach (neaco) is a project aimed at increasing the number of young people going into Higher Education. neaco consists of the University of Cambridge (including its Colleges), Anglia Ruskin University, the University of East Anglia, Norwich University of the Arts, and the University of Suffolk. Take Your Place is the programme which is being run by neaco in schools and colleges in East Anglia.

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ac

Information about how your personal information will be used by us in connection with the administration of the Take Your Place programme, and for related purposes, is available at <https://www.takeyourplace.ac.uk/how-we-use-participant-data> . We will also get in touch by email to facilitate your involvement in the Take Your Place programme. Please contact neaco@admin.cam.ac.uk if you have any questions about how we use your data.



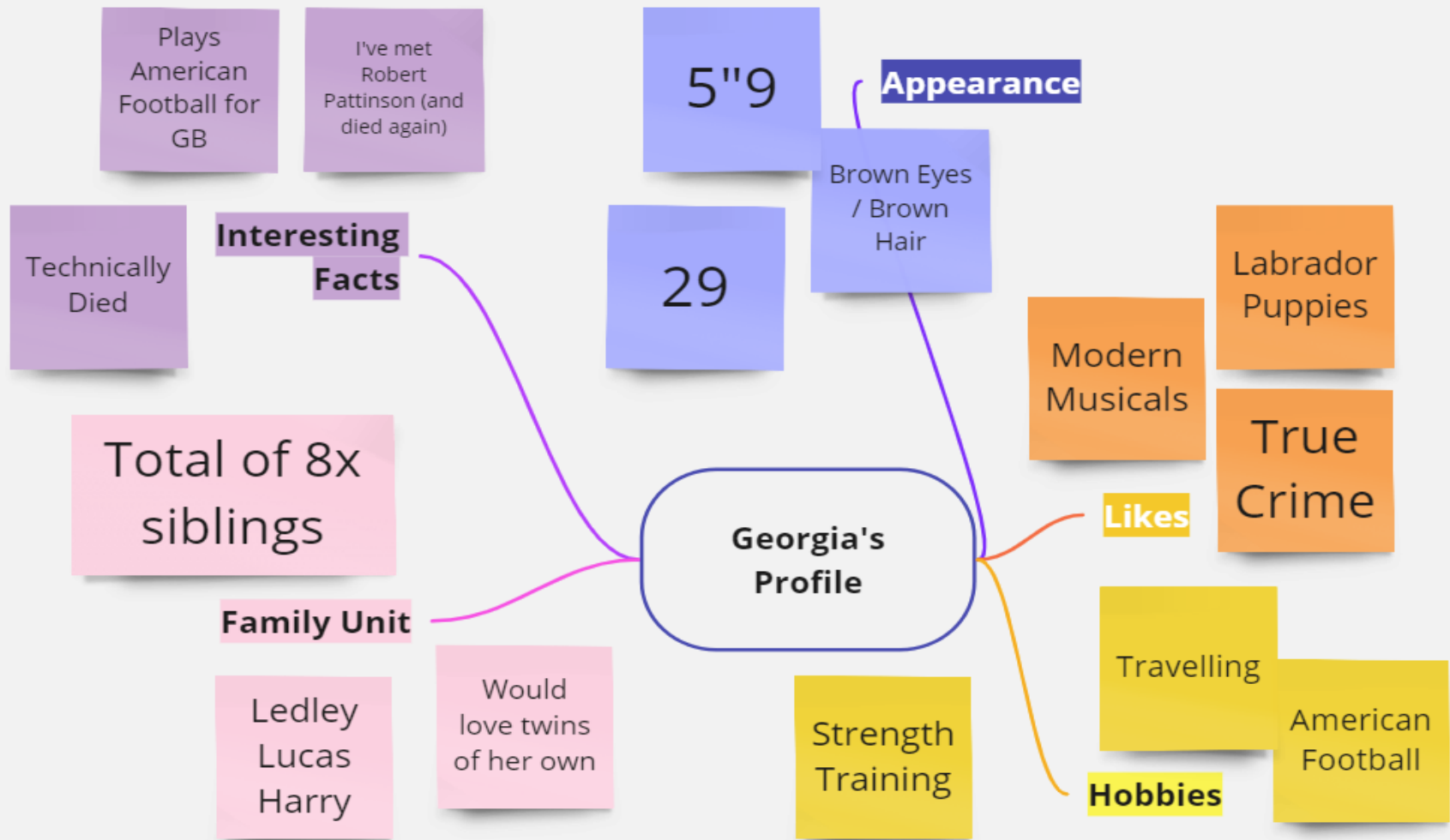
Contents

- Icebreaker
- What is effective revision?
- Our method
- Making effective Mind Maps
- Testing using Mind Maps
- Building a Revision Schedule
- Icebreaker



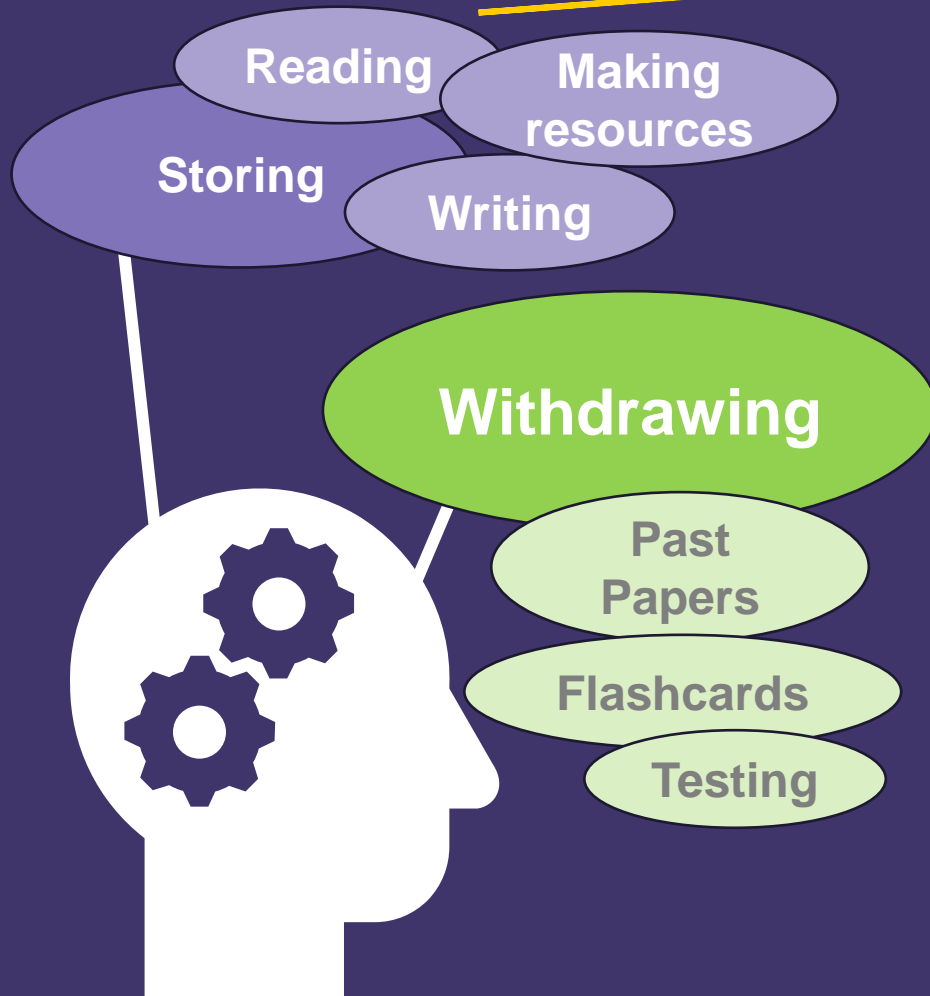
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What is effective revision?

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Effective Revision has two key components: **Storing** and **Withdrawing**

Too long **Storing**
Not enough **Withdrawing**

Rebalancing of revision

How often are you testing your knowledge?

So, **how** are we going to do this?

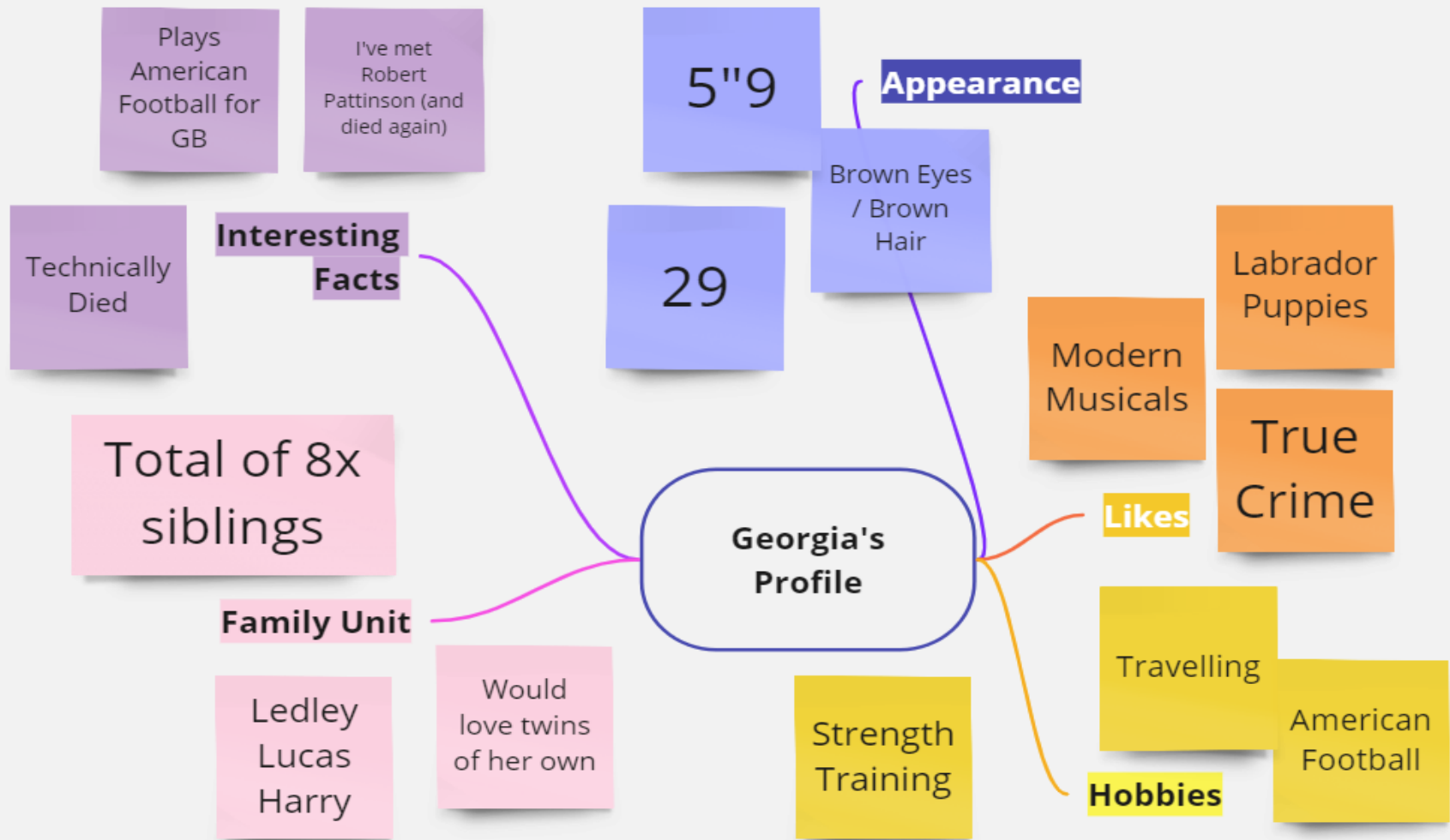
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Mind Maps



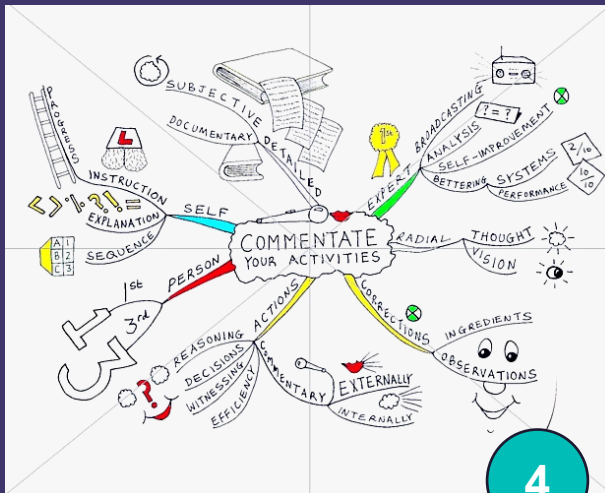
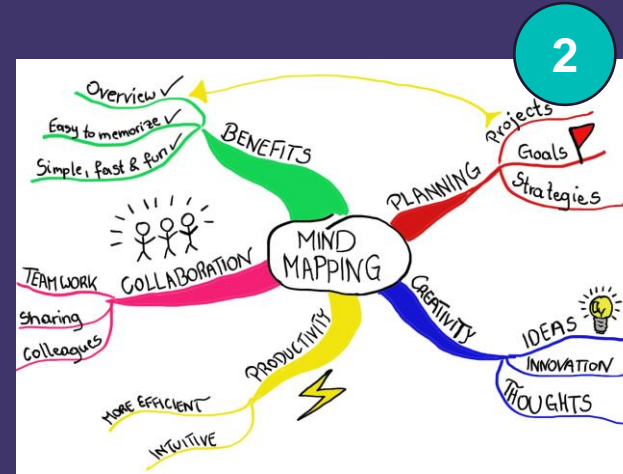
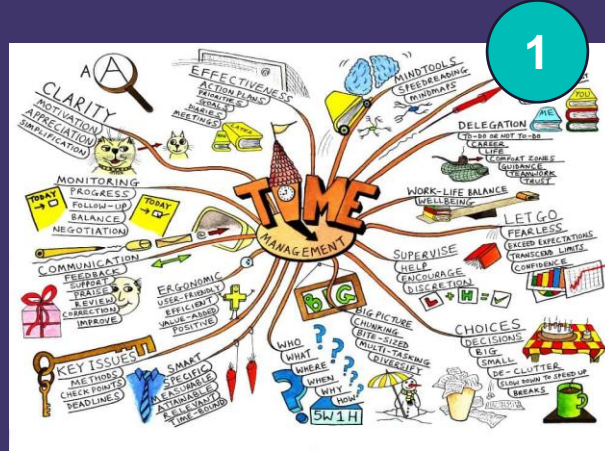
Revision
Schedule





Minds Maps

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Making Mind Maps

Make your resources

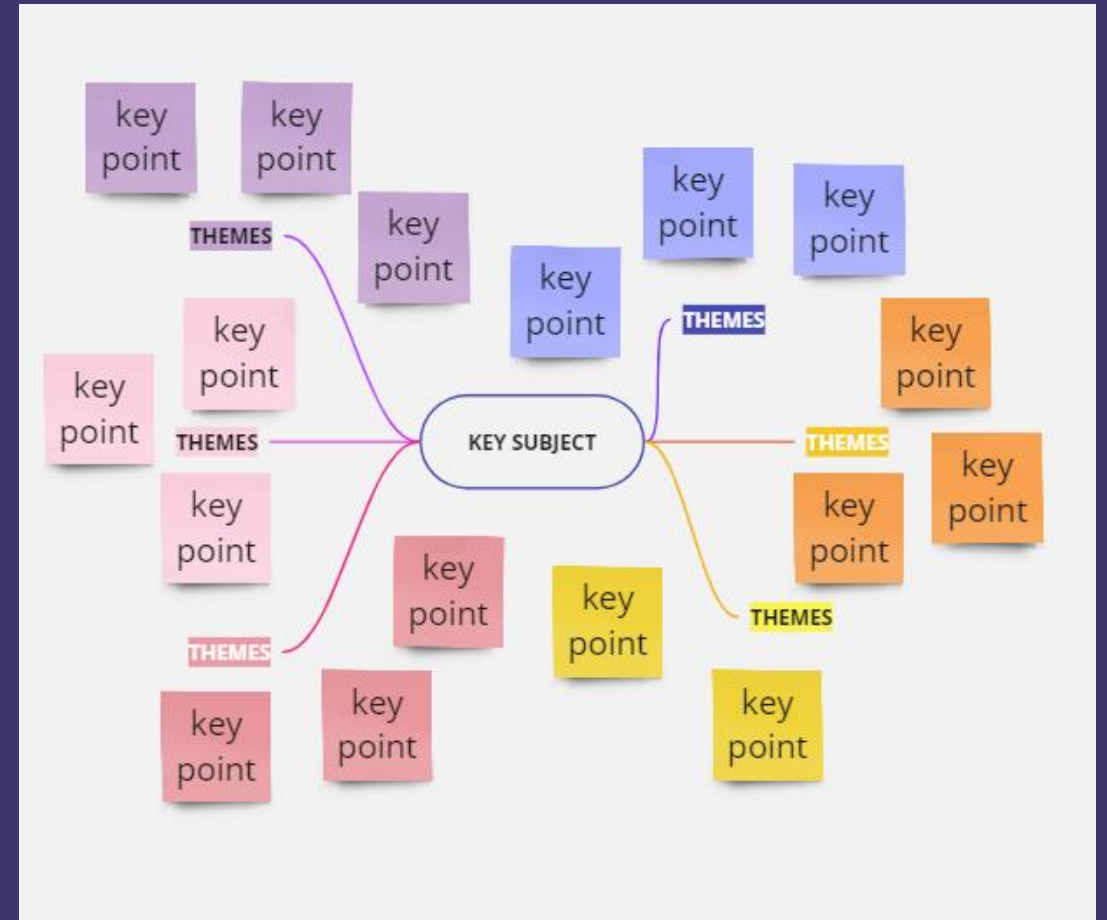
For every single exam

Break it down

Subject, Themes, Key Points



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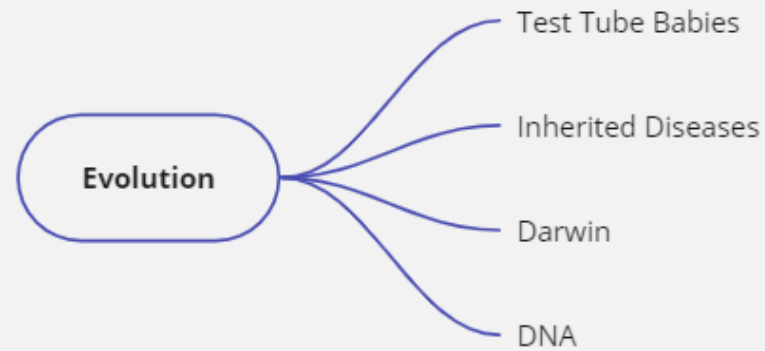
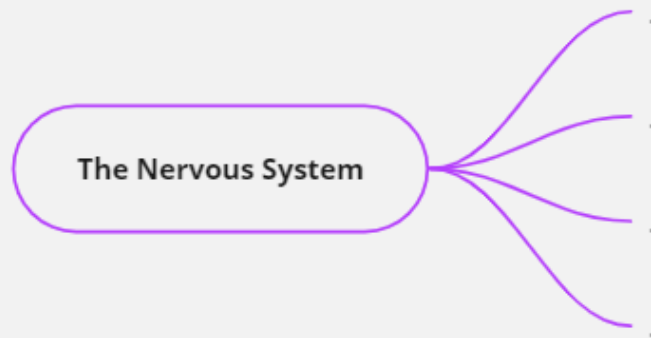


So, let's put that into **practice**



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BIOLOGY



Making Mind Maps



Make your resources

For every single exam

Break it down

Subject, Themes, Key Points

Essential information only

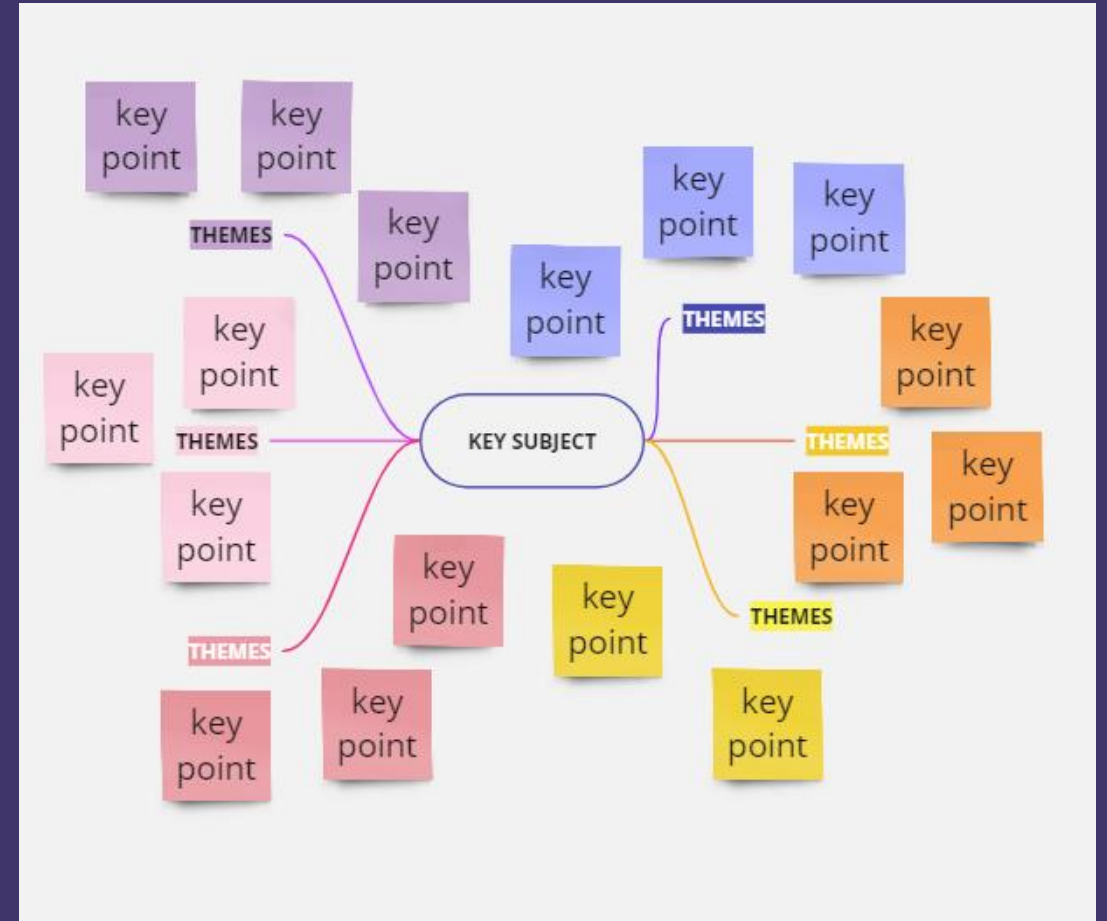
Stuck? Ask your teachers or look at past papers
Why not make them together?!

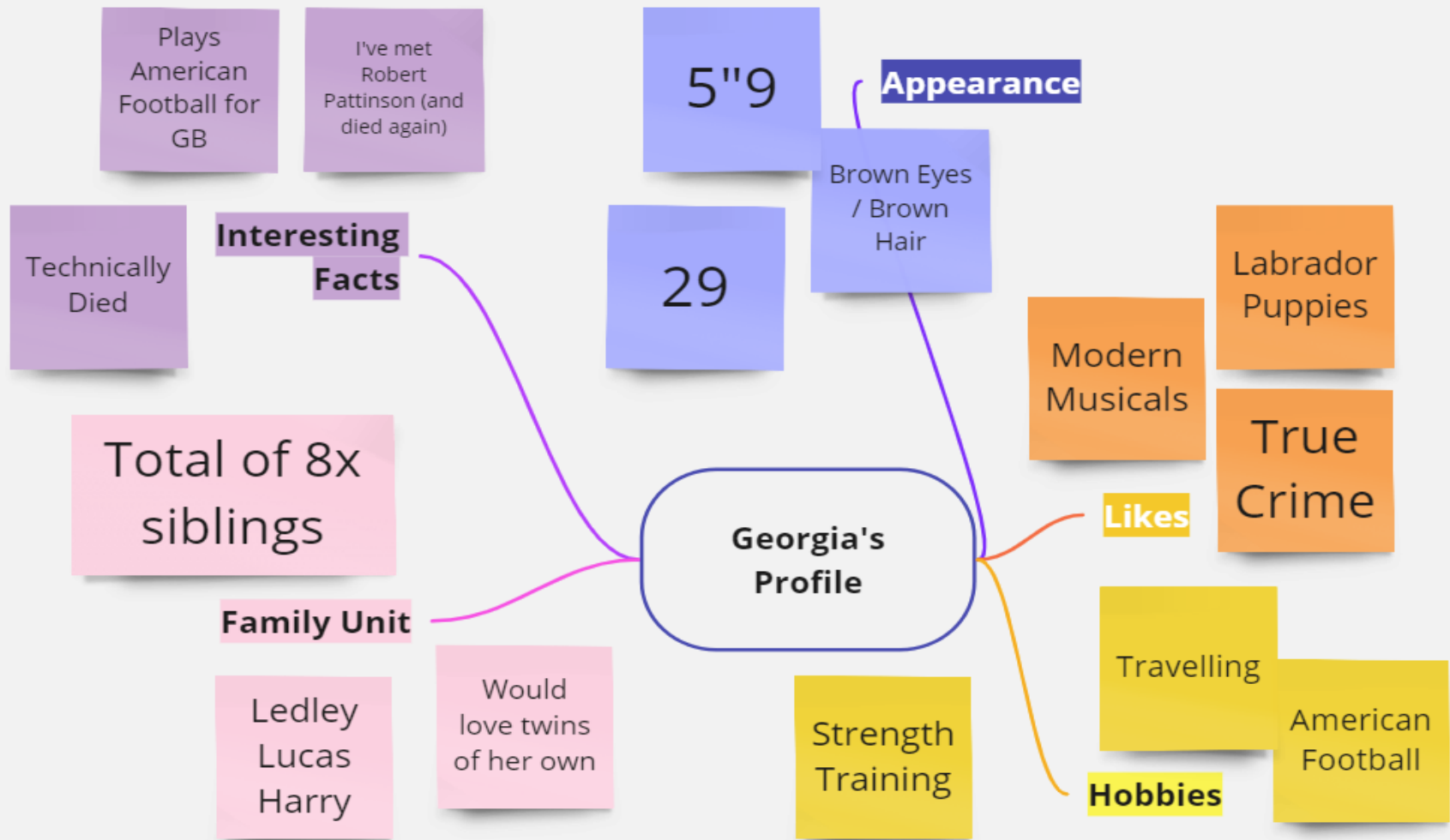
Functional

No longer than 30 mins – it's not an art project

Keep it in sight

Somewhere with high traffic i.e. bathroom,
bedroom, fridge





So, **what's next?**

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Withdrawing

Testing

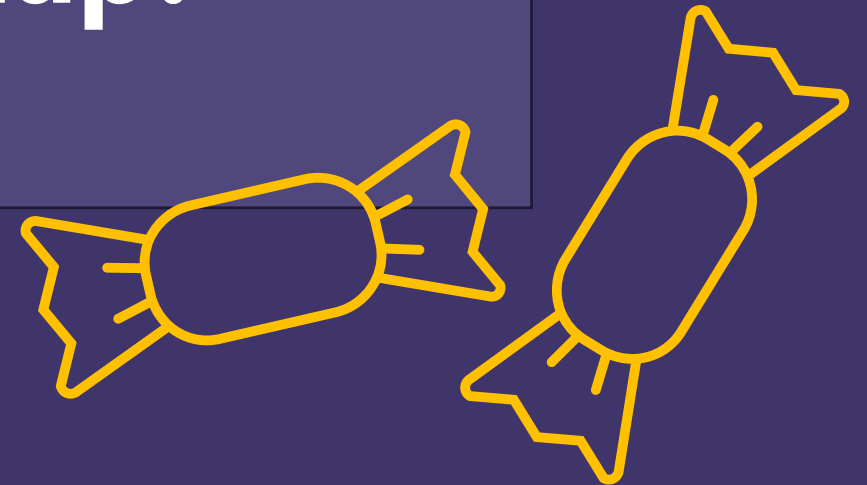


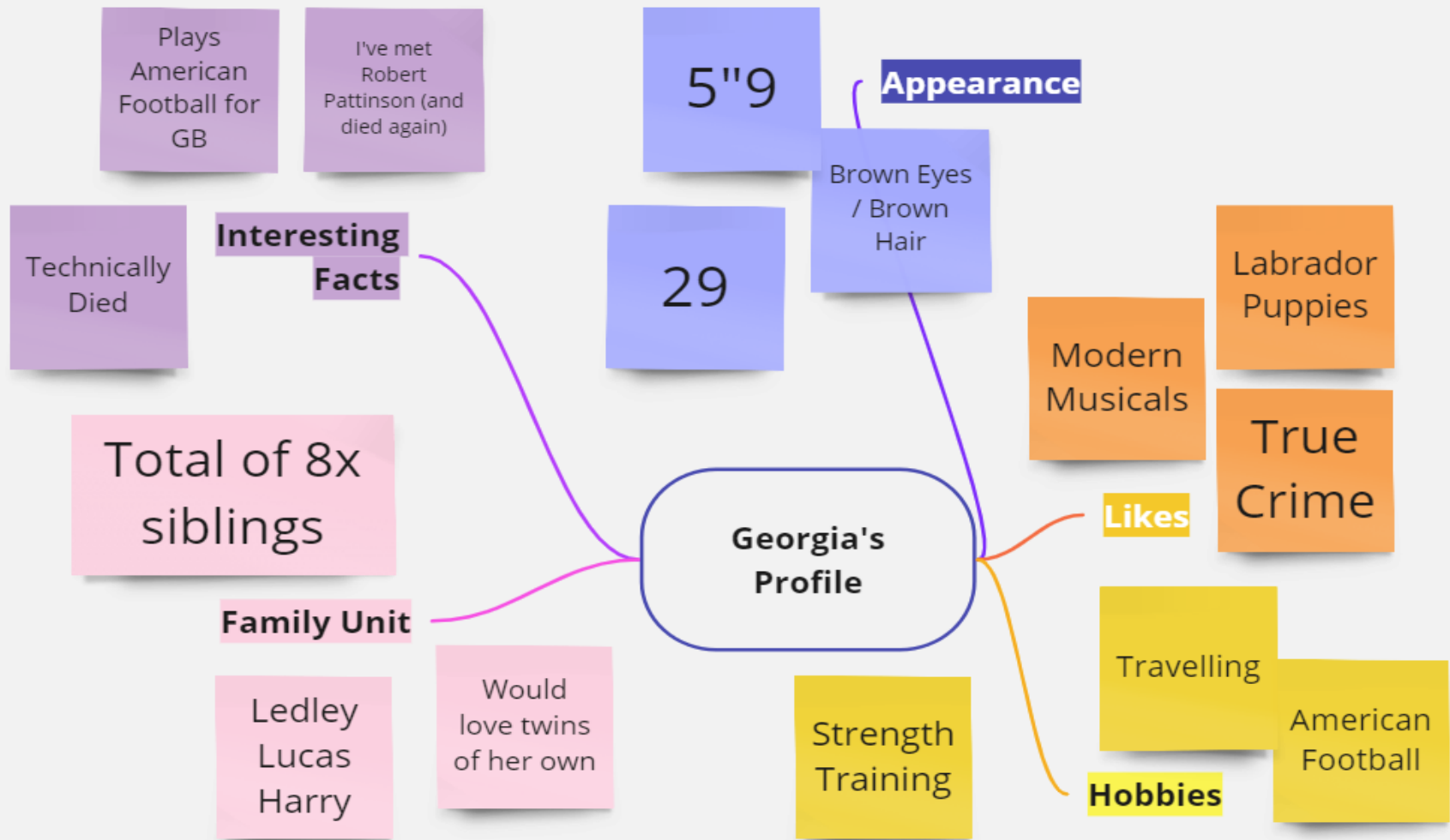
Brain Dumping!

I need a **volunteer**...

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Who can remember '**Georgia's
Profile**' Mind Map?





Testing Mind Maps

Activity – Brain Dump

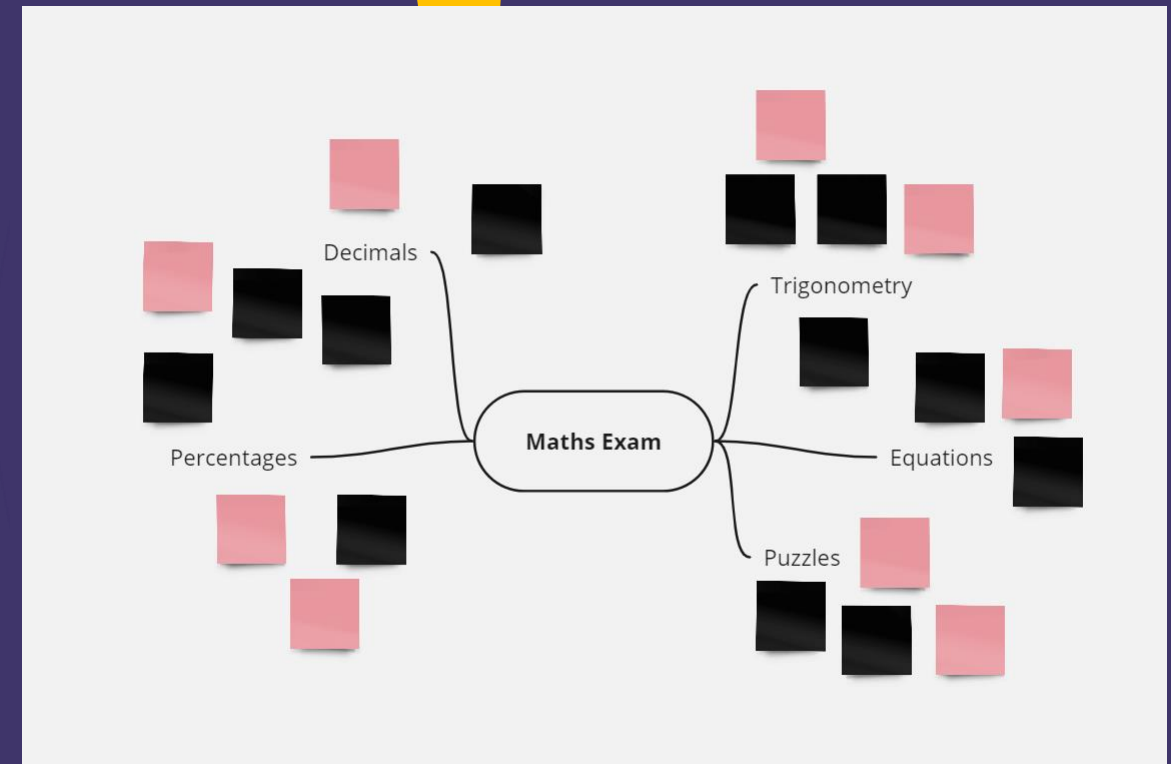
Grab blank A4 paper and two colored pens. Without looking at the master copy, try and recreate the mind map from memory

Don't waste time! Get everything you can remember down as quickly as possible – 10 mins or less - don't give up too early!

Now, amend it. Use your other colored pen to correct or fill in any missing answers

Re-study then **bin it** - yes. **In the Trash.**

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Top Tip

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PLACE**

**Recreate this in
your exams!**

So, how **often** do I **test**?

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This is the most **important** part!

On average, how many hours a week are you spending revising?

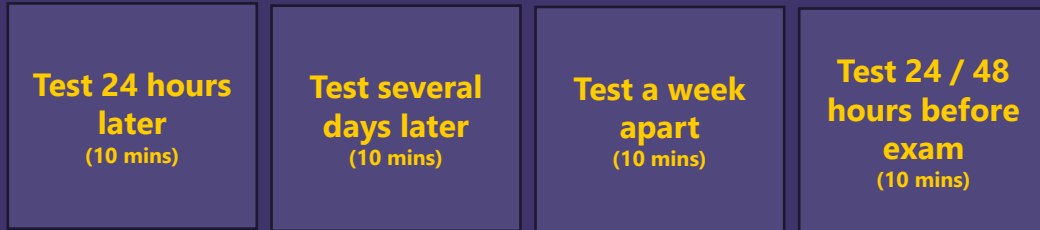
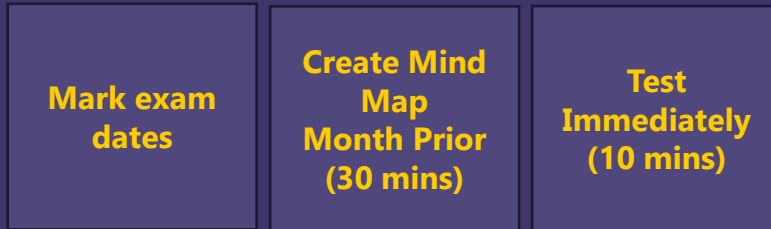


January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	Notes:		

Revision Schedule

A process or system to follow...



2hrs 10mins

Just over 30mins

Less than 5 mins

Too easy? **spread out**
Too hard? **add more!**

**TAKE
YOUR
PLACE**

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 CREATE MM BRAIN DUMP	3 BRAIN DUMP	4	5	6 BRAIN DUMP
7 BRAIN DUMP	8	9	10	11	12 BRAIN DUMP	13
14 BRAIN DUMP	15	16	17	18	19 BRAIN DUMP	20
21 BRAIN DUMP	22	23	24	25	26	27 BRAIN DUMP
28 BRAIN DUMP	29 HISTORY	30	31	Notes:		

Revision Schedule

But what if I have more than one exam?

Nothing needs to change – follow the exact same process

4hrs 10mins

1hr a week

9mins a day

Mark exam dates

Create Mind Map

Test Straight Away

Test Next Day

Test Few Days Later

Test Weeks Apart

Test 24/48hrs Before

TAKE YOUR PLACE

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 CREATE MM BD	3 BD	4	5 CREATE MM BD	6 BD BD
7	8	9 BD	10	11 BD	12	13 BD
14 BD	15	16 BD	17	18 BD	19	20 BD
21 BD	22	23 BD	24 BD	25 BD	26 MATHS	27 BD
28 BD	29 BD	30 BIOLOGY	31	Notes:		

Revision Schedule

But what about when I have multiple in a week?

Again, follow the process

9hrs 50mins

2hrs 30mins

22mins a day

Mark exam dates

Create Mind Map

Test Straight Away

Test Next Day

Test Few Days Later

Test Weeks Apart

Test 24/48hrs Before

TAKE YOUR PLACE

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 CREATE MM CREATE MM BD BD	3 CREATE MM BD BD BD	4 CREATE MM BD BD	5 CREATE MM BDBD	6 BD BD BD
7 BD	8 BD	9 BD BD	10 BD	11 BD	12 BD	13 BD BD
14 BD BD	15 BD	16 BD BD	17 BD	18 BD	19 BD	20 BD BD BD
21 BD	22 BD BD	23 BD BD BD BD	24 DRAMA BD BD	25 SCIENCE BD	26 MATHS	27 BD BD
28 BD BD	29 BD BD	30 HISTORY BIOLOGY	31	Notes:		

Revision Schedule

TAKE
YOUR
PLACE

MARCH 24

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	MAKING RESOURCES					
7	8	9	10	11	12	13
	MAKING RESOURCES					
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	Notes:		

2.5hrs a week!

APRIL 24

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		BD BD	BD BD BD	BD BD	BD BD	BD BD BD
7	8	9	10	11	12	13
BD	BD	BD BD	BD	BD	BD	BD BD
14	15	16	17	18	19	20
BD BD	BD	BD BD	BD	BD	BD	BD BD
21	22	23	24	25	26	27
BD	BD BD	BD BD	BD BD	BD	MATHS	BD BD
28	29	30	31	Notes:		
BD BD	BD BD	HISTORY BIOLOGY				

JUNE 24

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		BD BD	BD BD BD	BD BD	BD BD	BD BD BD
7	8	9	10	11	12	13
BD	BD	BD BD	BD	BD	BD	BD BD
14	15	16	17	18	19	20
BD BD	BD	BD BD	BD	BD	BD	BD BD
21	22	23	24	25	26	27
BD	BD BD	BD BD	BD	BD	MATHS	BD BD
28	29	30	31	Notes:		
BD BD	BD BD	HISTORY BIOLOGY				

JULY 24

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		BD BD	BD BD BD	BD BD	BD BD	BD BD BD
7	8	9	10	11	12	13
BD	BD	BD BD	BD	BD	BD	BD BD
14	15	16	17	18	19	20
BD BD	BD	BD BD	BD	BD	BD	BD BD
21	22	23	24	25	26	27
BD	BD BD	BD BD	BD BD	BD	MATHS	BD BD
28	29	30	31	Notes:		
BD BD	BD BD	HISTORY BIOLOGY				

24hrs

2hrs a day

17mins a day

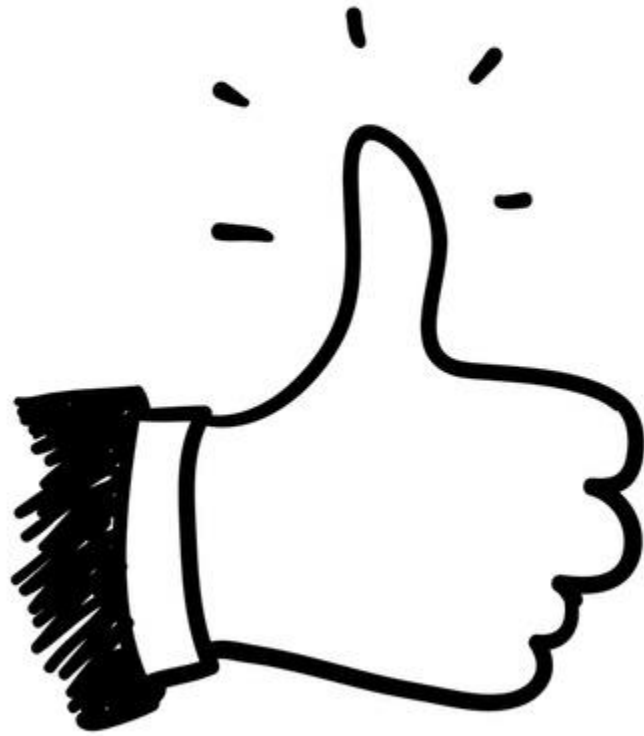
Let's look at **one** week ...

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7	8	9	10	11	12	13
BD	BD	BD BD	BD	BD	BD	BD BD
14	15	16	17	18	19	20

1hr 30mins
10mins a day

Any questions so far?



To summarise:

**Mind
Maps**



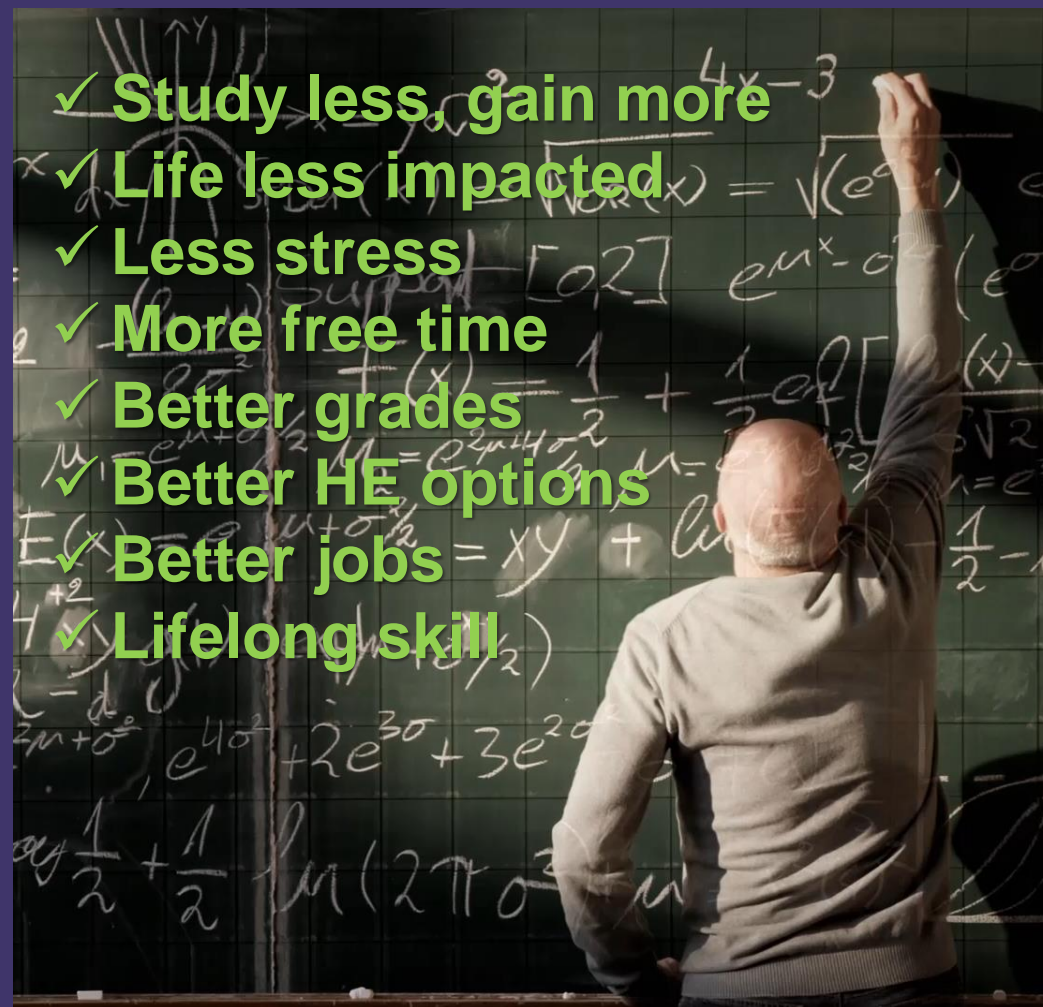
**Revision
Schedule**

Storing

Withdrawing



- ✓ Study less, gain more
- ✓ Life less impacted
- ✓ Less stress
- ✓ More free time
- ✓ Better grades
- ✓ Better HE options
- ✓ Better jobs
- ✓ Lifelong skill



So, what have
your learnt
today – **what is**
your biggest
takeaway?

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